



FORM
Group

MEDICAL FITNESS CERTIFICATE FOR SEAFARERS

Doc. no. FORM_GR-GROUP-HR-HLT-038-E

Rev. 02

Date 17/03/2023

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Ref. Doc. CR_GR-GROUP-HR-HLT-011-E

MEDICAL FITNESS CERTIFICATE FOR SEAFARERS

SURNAME: NKOMBO	GIVEN NAME (S): Prince Bertrand	
DATE OF BIRTH DAY 02 MONTH 12 YEAR 1982	PLACE OF BIRTH (City): NATIONALITY: Congolese COUNTRY: Congo B	SEX MALE <input checked="" type="checkbox"/> FEMALE <input type="checkbox"/>
POSITION ON BOARD: MASTER <input type="checkbox"/> Other <input checked="" type="checkbox"/> DECK OFFICER <input type="checkbox"/> Please specify: ENGINEERING OFFICER <input type="checkbox"/> RADIO OPERATOR <input type="checkbox"/> RATING <input type="checkbox"/> CATERING <input type="checkbox"/>	MAILING ADDRESS OF APPLICANT: princebertrand.nk@gmail.com ID / DOCUMENT NO: 1411820017302	

DECLARATION OF THE AUTHORISED PHYSICIAN

Confirmation that identification documents were checked at the point of examination: YES ☒ NO ☐

Hearing meets the standards in STCW Code. Section A-1/9? YES ☒ NO ☐ NOT APPLICABLE ☐

Unaided hearing satisfactory? YES ☒ NO ☐

Visual acuity meets standards in STCW Code. Section A-1/9? YES ☒ NO ☐

Colour vision meets standards in STCW Code. Section A-1/9? YES ☒ NO ☐
(the visual test is required every six years)

Date of the last colour vision test (Day/Month/Year): **17-07-2021**

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☒

Able for watch keeping? YES ☐ NO ☒

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☒

Confirming that the applicant has been informed of the content of the certificate and of the right to review in accordance with paragraph 6 of section A-1/9 of the STCW Code.

Signature of Applicant

Name of Applicant

Date

I hereby confirm that the medical examination has been carried out in accordance with the ILO/IMO Guidelines on the medical examination of seafarers and the national guidelines of the authorizing administration. On the basis of the examinee's personal declaration, my clinical examination and diagnostic test results recorded on the medical report form, I declare the Examinee:

FIT ☒

UNFIT ☐

For the duty specified above ☒ WITHOUT any / ☐ WITH the following RESTRICTIONS:

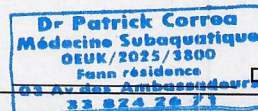
NAME AND DEGREE OF PHYSICIAN: _____
ADDRESS: _____
NAME OF PHYSICIAN'S CERTIFYING AUTHORITY: _____
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE: _____



SIGNATURE OF PHYSICIAN: _____

STAMP OF PHYSICIAN: _____

DATE: _____



DATE OF EXAMINATION: **17-03-2025**

EXPIRY DATE OF CERTIFICATE: **17-03-2026**

This Certificate is issued in compliance with the requirements of both, the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006

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MEDICAL REPORT

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Rev. 04

Date 07/12/2023

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1. PERSONAL ANAMNESIS

Name in full		Date of Birth		Blood group	Rh
Badge No.		Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Others		
Occupation		Type of Visit	<input type="checkbox"/> Pre-Employment <input type="checkbox"/> Periodical		

Please tick box <input type="checkbox"/>		Yes	No	Details if "yes" (including dates and duration and any other relevant information)
		<input type="checkbox"/>	<input type="checkbox"/>	
1. a) Are you at present under medical care or receiving treatment? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
b) Are you currently taking medication, prescribed or not, having injection, using an inhaler or have you recently done so, or are you on a special diet? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No				
2. Have you ever suffered or are you suffering from:				
a) Fits, fainting, giddiness or any mental or nervous disorder? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
b) Asthma, bronchitis, pneumonia, or any other lung disorder? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
c) Rheumatism, rheumatic fever, arthritis or any other disorder of joints and muscle? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
d) Chest pain, shortness of breath, palpitation, high blood pressure or other disorders of the heart or circulation? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No				
e) Indigestion, peptic ulcer, diarrhea, constipation or any intestinal complaint, hepatitis or other liver disorders, diabetes <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
f) Kidney, bladder or other genitourinary disorders? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
g) Any injury, operation, physical defect or deformity? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
h) Any other illness not mentioned above? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
3. a) Have you ever been a patient at a hospital, nursing home or special clinic? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
b) Have you ever had any medical investigation carried out due to sickness? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
4. Have you ever had any form of sexually transmitted disease or is there anything about your lifestyle which could expose you to the risk of HIV or HIV related condition? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
5. a) Have you ever suffered from a mental health condition incl. mental stress, depression, anxiety, or panic attacks? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
b) Have you noticed your mood changes frequently or have you changed your social behavior & interactions with others? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
6. Female only: have you ever had any gynecological or obstetric problems? <input type="checkbox"/> Yes <input type="checkbox"/> No				
7. Have you ever taken drugs other than prescribed by any doctor? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
8. a) Non-smoker: have you smoked in the past? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
b) Smokers: how much do you smoke per day? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				
c) What is the average daily consumption of alcohol? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				

For current smoker:

Cigarettes ☐ Cigars ☐ Pipes ☐ Number smoked ☐

2. FAMILY MEDICAL ANAMNESIS

	If living, age	State of health	If dead, age at death	Cause of death
Father			82 years	
Mother	71			
Brother / Sister	51			
Brother / Sister				
Brother / Sister				

I declare to the best of my knowledge and having fully understood the requests related to the above questions which answers are true and complete. I confirm that I have also checked and found correct any answers that are not in my handwriting. I grant permission to take samples of blood, saliva and/or urine or any other sample may be deemed as necessary for the purpose of this examination. I understand and agree that all fitness and medical results of this examination will be provided only / exclusively to the Company's Medical Department in my best interest and shall be handled by them with strict confidentiality managed and processed in compliance with the GDPR - General Data Protection Regulation 2016/679 and other applicable laws. I also consent that anonymized data may be used by the Company or disclosed to others for research and statistical purpose. No individual will be identified in this anonymized research.

Applicant's Signature
(To be signed in the presence of Medical Examiner)

DATE: 17/03/25
(DD/MM/YYYY)

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3. SUMMARY OF MEDICAL HISTORY OF _____

Has the applicant ever had or has now any of the following? If yes, give details in the summary description.

Please, tick box, whether normal or not	Yes	No	Yes	No
1. Ear infection / Sinusitis / Vertigo	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorder	<input type="checkbox"/>
2. Nose, mouth, or throat trouble	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Hernia / Hydrocele / Piles / Fissures	<input type="checkbox"/>
3. Color blindness / Loss of vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	10. Fistula / Appendicitis / Varicocele	<input type="checkbox"/>
4. Frequent headaches / Fainting	<input type="checkbox"/>	<input checked="" type="checkbox"/>	11. Malaria / Tropical Disease	<input type="checkbox"/>
5. Epilepsy / Mental illness	<input type="checkbox"/>	<input checked="" type="checkbox"/>	12. Skin disease	<input type="checkbox"/>
6. Hypertension	<input checked="" type="checkbox"/>	<input type="checkbox"/>	13. Cancer or tumor	<input type="checkbox"/>
7. Diabetes mellitus	<input type="checkbox"/>	<input checked="" type="checkbox"/>	14. Allergy to foods / drugs	<input type="checkbox"/>

Remarks: *Suave . pain HTA tte . stabile . a 140/90/70 + Exage .*

4. MEDICAL EXAMINER'S REPORT

If you answer Yes to any of the following questions, please give full details with any ascertainable cause as applicable.

Please tick box	Yes	No	Details if "yes"																			
1. Measurement & Physical Description																						
a) Measurements (to be taken in indoor clothing)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Height: <i>173</i> cm	Weight: <i>88</i> Kg																		
b) Please describe general appearance and build:	<input type="checkbox"/>	<input checked="" type="checkbox"/>	BMI: _____ Kg/m ²	Waist Circumference: _____ cm																		
c) Are there any signs of past or present overindulgence in alcohol, tobacco, or irregular lifestyle?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
d) Is there any enlargement of lymph nodes or thyroid gland?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
e) Are there any scars of material significance?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
2. Cardio-vascular System & Blood pressure																						
a) Does the heart appear to be enlarged? If "yes", do you consider this to be slight, moderate or marked?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
b) Is there any irregularity of rhythm?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
c) Is there any abnormality in the arterial pulse?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
d) Are there any varicose veins?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
e) Blood Pressure: (please record opposite)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Systolic / Diastolic: <i>149/110</i> Pulse Rate: <i>78</i>																			
3. Respiratory System																						
a) Is there any abnormality in the shape and development of the chest?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
b) Are there any abnormal physical signs in the lungs?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
4. Genito / Urinary & Digestive System																						
a) Is there any abnormal tenderness, enlargement or other palpable abnormality in abdomen?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
b) Is a hernia present	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
c) Is there any dental problem such as caries, recurrent gum and mouth infections, abscess etc.?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
5. Nervous System																						
a) Is there any sign of disease in the central nervous system?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
b) Is there anything to suggest a history of mental condition?	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
6. Sense Organs																						
a) Is there any affection of the eyes, ears, nose, or tongue	<input type="checkbox"/>	<input checked="" type="checkbox"/>																				
<table border="0"><tr><td>Vision</td><td>Far Vision</td><td></td><td>Near Vision</td><td></td><td>Color Vision</td></tr><tr><td>Uncorrected</td><td>OD <i>7</i> OS <i>8</i></td><td></td><td>OD <i>10</i> OS <i>10</i></td><td></td><td><input checked="" type="checkbox"/> Adequate</td></tr><tr><td>Corrected</td><td>OD _____ OS _____</td><td></td><td>OD _____ OS _____</td><td></td><td><input type="checkbox"/> Defective</td></tr></table>					Vision	Far Vision		Near Vision		Color Vision	Uncorrected	OD <i>7</i> OS <i>8</i>		OD <i>10</i> OS <i>10</i>		<input checked="" type="checkbox"/> Adequate	Corrected	OD _____ OS _____		OD _____ OS _____		<input type="checkbox"/> Defective
Vision	Far Vision		Near Vision		Color Vision																	
Uncorrected	OD <i>7</i> OS <i>8</i>		OD <i>10</i> OS <i>10</i>		<input checked="" type="checkbox"/> Adequate																	
Corrected	OD _____ OS _____		OD _____ OS _____		<input type="checkbox"/> Defective																	

Remarks:

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5. EXAMINATION RESULTS AND REPORT

X-Ray, Resting ECG, Exercise ECG, Audiogram, Spirometry, Blood, Urine & Other Laboratory Examination Reports

All examination results are to be attached. Please indicate your remarks in case of abnormal results.

1. Chest X-Ray Report (****)

2. Resting ECG Report

RAS

3. Exercise ECG Stress Test Report (****)

4. Audiogram Report

5. Spirometry Report

6. Blood Examination Report (Please, attach the results of the following examinations and indicate here below the results):

Hemoglobin	Basophils	Glycemia	Triglycerides
RBC	Hematocrit	HbA1c	Total Bilirubin
WBC	MCV (*)	Blood Urea Nitrogen	Direct Bilirubin
Neutrophils	MCM (*)	Creatinine	AST (SGOT)
Lymphocytes	MCHC (*)	Total Cholesterol	ALT (SGPT)
Monocytes	Platelet	HDL Cholesterol	Gamma GT
Eosinophils	Reticulocyte (*)	LDL Cholesterol	

7. Urine Examination Report (Physical, Chemical and Microscopy test results: Please attach the results of the following examinations and indicate here below the results). Please indicate abnormalities (if any):

8. Drugs (***), alcohol screening test Report (***). (Please attach the results of the following examinations and indicate here below the results):

- | | | | |
|-------------------|----------------|--------------------|------------|
| 1) Amphetamines | 3) Cannabinoid | 5) Methamphetamine | 7) Alcohol |
| 2) Benzodiazepine | 4) Cocaine | 6) Opiates | |

9. ☐ HIV Test (*)

10. ☐ Tine (Tuberculin test) (*)

11. ☐ HBsAg (**) ☐ HBsAb (**) ☐ HbAb (**) ☐ HAVAb (**) ☐ HCVAb

12. ☐ TPHA or VDRL (*)

13. ☐ Stool examination (*)

14. ☐ Pharyngeal plug test (*)

(*) Only if specifically required (**) Only to the personnel who have never been vaccinated before or if specifically required.

(***) Compulsory on pre-employment medical examination and periodical examination for OFFSHORE and employees involve in Safety Sensitive Positions (SSP). For all other employees depend on circumstances, national and international legal requirements.

(****) Chest X-ray is required on the first examination. Afterwards, the examining physician has the discretion whether to perform it or not, based on physical examination, laboratory results, epidemiological situation and local laws and regulation in the country of origin or assignment.

(*****) Exercise ECG Stress Test following Bruce Protocol Stage III is required for all employees of 45 years and above on the date of examination on international and/or offshore assignment. Local employee may be subject to local laws and regulations.

6. OVERALL SUMMARY, ASSESSMENT AND RECOMMENDATIONS

This Health Certificate is valid until: 17-03-2026 (DD/MM/YYYY)

I have examined Nkorbo Prince B and found him/her (tick the box)

☒ Fit

☐ Fit with recommendations and/or restrictions

☐ Unfit

☒ Offshore ☒ Onshore

☐ permanent ☐ temporary for months

☐ permanent ☐ temporary for months

Specify recommendations and/or restrictions, if any

Examining Doctor's Signature

(Name, Signature, Stamp and Address of the Physician)

Dr Patrick Correa
Medicine Subspecialty
OEUK/2025/3300
Fam residence
03 Av des Ambassadeurs
33 824 26 71

Issuing Entity:

Date (DD/MM/YYYY)

18-03-2025

Scanned copies of both, "Medical Fitness Certificate" Form (FORM_GR-GROUP-HR-HLT-040-E) and Medical Report" Form (Doc. no. FORM_GR-GROUP-HR-HLT-039-E) together with the results of the Diagnostic and Laboratory results shall be sent confidentially to Saipem Overseas Health System (email Address: MEDES.Health@saipem.com). For any query related to this medical, please contact Saipem Health on the same email address.

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